



Latched Beginnings

Common Oral Tie Symptoms Checklist

For Infants

- Shallow latch at breast or bottle
- Falls asleep during feeding
- Slides or pops on and off the nipple
- Gagging/choking/coughing when feeding
- Poor or slow weight gain
- Hiccups often
- Lots of utero hiccups
- Pacifier falls out easily or won't stay in
- Snoring, noisy, and/or mouth breathing
- Short sleeping and waking often
- Baby moves a lot in sleep/restless sleep
- Baby seems always hungry
- Significant head/neck/body tension
- Colic symptoms/excessive crying
- Reflux symptoms
- Frequent congestion
- Frustration while feeding
- Torticollis
- Right or left side preference
- Lip curls under while feeding
- Clicking or smacking noises while eating
- Sucking blisters or callouses on lips
- Disorganized suck pattern
- Low oral strength
- Body tension
- Difficulty feeding at bottle
- Difficulty finding the "right" bottle
- Excessive spit up
- Excessive gas and fussiness
- Milk spillage from mouth



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Common Oral Tie Symptoms Checklist

For Parents

- Pain when latching
- Pain while feeding
- Decreasing milk supply
- Always having full breasts even after feeding
- Breast blebs/mastitis
- Bleeding, cracked nipples
- Misshapen nipples after feeding

Are you or your child experiencing multiple symptoms?

If so, it's time to reach out to an oral tie release provider.

Schedule a consultation with Dr. Culotta at Latched Beginnings, Central Texas's infant-specific oral tie practice, by calling 512-814-7480.

